

Take a break from the hectic pace of life
and retreat into the tranquil environment of St. Gregory.
For a few precious moments, feel like the world is behind you,
your energy revitalised and restored, and step out filled
with a lightness of being.

Pamper yourself with a wide range of face and body treatments
and traditional healing therapies, and let the healing hands of our
therapists bring you into a state of ultimate relaxation
ideal for your mind and body.



ST. GREGORY

THERAPY • FITNESS • AESTHETICS • ACTIVE-AGEING

Pan Pacific Orchard, Singapore

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ST. GREGORY SIGNATURES

Relaxing Aromatic Body Bliss

60 mins SGD180

Combining the power of essential oils with gentle Swedish massage strokes, this holistic therapy melts away tension, calms your senses and lulls you into a state of ultimate relaxation.

Elemis Pro - Glow Smooth Facial

75 mins SGD250

This powerful anti-ageing facial smooths the look of fine lines and wrinkles, fills out expression lines and plumps skin with optimal hydration to reveal a youthful appearance.

ST. GREGORY EXPERIENCE

St. Gregory Spa blends in a reinvigorating Asian wellness experience with the latest offerings in innovative spa and anti-aging products.

Set within an elegant urban oasis, our highly experienced and skilled therapists will whisk you away in renowned signature St. Gregory style.

Speedy Recovery

60 mins SGD170

Beauty Enhancer | 30mins
Neck & Shoulder Massage | 30mins

Jet Lag Relief

75 mins SGD190

Anti-Stress Back Bliss Massage | 30mins
Foot Massage | 30mins
Scalp Massage | 15mins

Oriental Therapy

90 mins SGD230

Traditional Chinese Tui Na Massage | 60mins
Traditional Chinese Foot Reflexology | 30mins

Total Wellness

120 mins SGD310

Beauty Enhancer | 30mins
Body Exfoliating Scrub | 30mins
Choice of Massage - Balinese or Aromatic | 60mins

BRIEF ESCAPES

Anti-Stress Back Bliss

30 mins SGD100

A relaxing back massage with slow and deep manipulation, gradually relieving tension in the neck and back.

Neck and Shoulder Massage

30mins SGD100

Relieves stress points on the neck, shoulders and upper back, while soothing tense and aching muscles, leaving you relaxed and energised.

Prices are inclusive of Goods & Services Tax.

BRIEF ESCAPES

Beauty Enhancer

30 mins SGD100

Dedicated to the executive constantly on the move, this is an instant radiance booster for dull and tired skin. It is an ideal pre-event facial or a supplementary treatment to more comprehensive facials.

Foot Massage

30 mins SGD80

Boosts localised lymphatic and blood circulation, improves sleep and overall well-being

Scalp Massage

15 mins SGD50

With gentle pressure applied to the scalp, this relaxing massage relieves tension, stimulates circulation and releases healing energies.

ASIAN / ORIENTAL THERAPIES

TRADITIONAL CHINESE THERAPY

Traditional Chinese Tui Na Massage

60 mins SGD200

Tui Na, or “push” and “pull” in Mandarin, is an ancient Chinese therapy combining both massage and acupressure. Using a range of vigorous penetrating techniques such as squeezing, pushing, pulling and kneading to stimulate key pressure points, it unblocks and enhances the flow of “Qi” or vital energy in the body, thus relieving tension and restoring balance.

Traditional Chinese Foot Reflexology

30 mins SGD80

In Traditional Chinese Therapy, every meridian point on the soles of our feet relates to a particular part of our body. A steady even pressure is applied to massage and stimulate these points, thus clearing out toxins, removing energy blockages and improving blood circulation and overall well-being.

Gua Sha

15 mins SGD50

A Traditional Chinese Therapy technique of applying pressure and friction to the skin to stimulate the connective tissue of internal organs, thus releasing blocked ‘Qi’ to promote blood circulation and eliminate toxins from the body. Also relieves muscular tightness and pain.

ASIAN / ORIENTAL THERAPIES

INDONESIAN THERAPY

Indonesian Balinese

60 mins SGD180

An ethnic massage that stimulates deep tissues, relieves muscle soreness, improves circulation and eliminates toxins. Tension areas are eased away with firm, deep pressure, percussion movements and pressure circles.

SKIN VITALITY

FACIALS FOR HER

Elemis Pro Glow Brilliance Facial

75 mins SGD200

Awaken dull, lacklustre-looking skin with this radiance-boosting facial for a visibly brighter, glowing complexion.

Elemis Pro Glow Smooth Facial

75 mins SGD250

This powerful anti-ageing facial smooths the look of fine lines and wrinkles, fills out expression lines and plumps skin with optimal hydration to reveal a youthful appearance.

Elemis Pro Glow Resurface Facial

75 mins SGD250

Transform the skin's texture whilst minimising the look of uneven skin tone, enlarged pores and congestion for a renewed, stunningly smooth complexion.

EYE BOOSTER

Elemis Feast Your Eyes

15 mins SGD50

Rehydrate your eyes while getting facial care.

ELEMIS BIOTEC TREATMENT

Elemis Pro - Glow Brilliance Facial +

75 mins SGD230

Awaken dull, lacklustre complexions with this radiance-boosting facial. A combination of Galvanic current, Oxygen Infusion and high potency actives energises the skin and replenishes moisture, for a visibly brighter, healthy appearance. Includes BIOTEC: Ultrasonic, Galvanic & Oxygen Infusion

Elemis Pro - Glow Smooth Facial +

75 mins SGD280

This powerful anti-ageing facial utilises microcurrent pluses to help strengthen muscle memory whilst visibly smoothing the look of fine lines and wrinkles. An Oxygen Infusion helps to plump out lines, restore elasticity and increase hydration, for a visibly youthful appearance. Includes BIOTEC: Ultrasonic, Microcurrent & Oxygen Infusion.

Prices are inclusive of Goods & Services Tax.

SKIN VITALITY

ELEMIS BIOTEC TREATMENT

Elemis Pro - Glow Resurface Facial +

75 mins SGD280

Transform the skin's texture whilst minimising the look of uneven tone, pigmentation, enlarged pores and congestion for a renewed, stunningly smooth complexion. A powerful combination of light therapy and rejuvenating Galvanic current leaves skin looking balanced with improved clarity. Includes BIOTEC: Ultrasonic, LED Light Therapy & Galvanic

FOR HIM

DEEP CLEANSE & DEEP RELAX with Elemis Pro - Glow Facial

Deeply purify, ease tension and restore harmony to the back, face and scalp with this holistic ritual. Your relaxing treatment will begin with an ELEMIS foot-washing ritual to melt away daily stresses. Next, release any tightness and deeply purify with an indulgent back exfoliation followed by a targeted Deep Tissue Back Massage. This will be paired with a bespoke, results-driven facial, creating a ritual that will ease daily tension and leave skin with a healthy, lit-from-within glow.

Treatment includes ELEMIS Welcome Foot Ritual, Back Exfoliation, Deep Tissue Back Massage & choice of facial

Elemis Pro - Glow Smooth Facial

90 mins SGD300

Elemis Pro - Glow Resurface Facial

90 mins SGD300

Elemis Pro - Glow Smooth Facial +

90 mins SGD330

Elemis Pro - Glow Resurface Facial +

90 mins SGD330

BODY WELLNESS

BODY MASSAGE

Relaxing Aromatic Body Bliss

60 mins SGD180

Combining the power of essential oils with gentle Swedish massage strokes, this holistic therapy melts away tension, calms your senses and lulls you into a state of ultimate relaxation.

Elemis Well-Being

75 mins SGD220

Tune into you with this deeply relaxing massage tailored entirely to your needs, leaving you feeling grounded and focused. Your therapist will select a wellbeing essence according to your concerns, be they muscle pain, stress relief, pure relaxation, or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

Prices are inclusive of Goods & Services Tax.

BODY WELLNESS

BODY EXFOLIATION

Elemis Intensive Cleaning Salt Scrub with Exotic Lime and Ginger

30 mins SGD110

The extraordinary cleansing power of salt will gently slough away dead skin cells and encourage the regeneration of new cells, thus invigorating the body and improving circulation.

BODY DETOXIFICATION

Elemis Body Nectar Nourishing Wrap

60 mins SGD200

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvet texture of the Monoi oil offers super hydration, quenching thirsty skin. You are kept cocooned and warm while the mood-balancing aromatic and skin condition oils do their work. An emotionally grounding experience for skin that has never felt silkier.

INFORMATION & POLICY

Opening Hours

St. Gregory offers facilities and services for the use of both ladies and gentlemen during the following operating hours: 11am to 9pm daily.

Reservations

Advance reservations are recommended as appointments are subject to availability. A credit card number is required at the time of booking to secure the appointment.

Health Considerations

When making your spa reservation, kindly highlight any health conditions you may have, including pregnancy, high and low blood pressure, heart conditions, skin diseases, allergies or injuries, which may affect your treatment.

Check-in

Please check in at St. Gregory at least 10 minutes prior to your scheduled appointment. Regular amenities and basic toiletries are provided for your use.

Cancellation

Guests who cancel or reschedule their appointments less than 6 hours from their appointment slots will be charged 50% of the requested service fee. A full charge will automatically be imposed in the event of a no-show.

Punctuality

We strongly encourage that you arrive on time for your appointment. In the event that you are late, you may choose to receive:

- the treatment for the remaining time booked, or
- an alternative treatment slot when available

Payment

Payment can be made via cash in Singapore dollars or other major credit cards (Visa, MasterCard, Amex, JCB). All prices are inclusive of GST (GST Reg. No. 200614511Z)

Mobile Devices

In consideration of other guests, please refrain from using mobile devices when you are in the spa premises.

INFORMATION & POLICY

Product Return

Refunds can be offered for all unopened products when accompanied by a receipt and returned within 5 working days excluding Saturday, Sunday and Public Holidays. Opened products cannot be returned or exchanged.

An exception on a case-by-case basis will be made for those suffering from medical and/or allergy conditions certified by registered doctors and/or dermatologists in Singapore.

Minimum Age Requirement

Guests must be at least 16 years of age to utilise gym facilities. Spa services are available to guests aged 17 and above. Junior guests aged five to 16 years and accompanied by a legal guardian may use spa services that require them to be dressed appropriately according to treatment.

Customer Care

We aim to provide a holistic spa journey for you. Please feel free to contact our associates for any assistance or information. Your feedback and suggestions are much appreciated.

Case Trust

Case Trust can be contacted at Tel: (65) 6277 5100 or Email: casetrust@case.org.sg
For a complete set of St. Gregory's terms and conditions and its policies, please proceed to the spa.